



L.B.S.R.A. Newsletter

Volume 14, Issue 4 April 2011

Founded 1979

From the President LBSRA

Last Chance for those 24 or 25 referees who have not taken the test or physical for 2011. See page 2 of News letter or go to Cal South Web site for details.

Election of officers at our May general meeting. All board positions are open for election. You must submit your name to the secretary before May 15th to be considered for a board position. No nominations from the floor will be entertained.

Our Biggest tournament of the year is coming up at the end of May so make sure you make yourself available for games on Saturday, Sunday and Monday. We will once again be removing dues from your fees from this week end until all dues are paid by the individual referee. Larry Taylor will be making out checks for the referees which will be given to the site coordinators to be handed out. Our fees will be that if you have made over \$1000.00 in 2010 you will have \$90.00 removed for dues. Under \$1000.00 in 2010 \$70.00 will be removed.

This tournament is one of the premier of Southern California so when we go out there to do games you must be on your game and deal with the situations that arise.

Take plenty of water and food with you to the games don't rely on the tournament to supply these items to you. They are there to make money for there teams. What they give away is lost revenue. If they offer find but don't be asking for hand outs.

Our meeting will be back to Wednesday night for the month of April. Please visit our website for up to date information on our leagues. New changes to the OCWSL rules which is good for the referees. Please make sure you understand and follow these new rules.

Want games please be pro active and contact Larry Yee or Kent Kirkland for games.

LAST CHANCE

A fitness make-up clinic for Grades 7, 6 and 5 has been scheduled for 7:30 AM April 30th at Citrus College. The clinic is for Grade 7, 6 and 5 referees that haven't taken the annual maintenance fitness test requirements; referees that took the fitness test and failed the test; and referees that were injured or out of State and couldn't taken the fitness test.

Also a written test will be given for referees that have not been able to take the written test or have failed their recertification test.

Clinic information is posted on the Cal South web page:

BOARD OFFICERS

Your LBSRA Board of Directors will hold office until May of next year 2011.

President /Newsletter
Vice President of Referee Operations/Assignor
Vice President of Adult Referee Mentoring/Training
Treasurer
Director of Administrative assistant & Human Resources/Referee Recruiting
Director of Instruction
Director Debriefing/Mentoring
Assessment Program
* Denotes Voting Board Member

Butch Renken *
Larry Yee *
Kent Kirkland *
Larry Taylor
Roy Schwarzer *
Toros Kibritjian *
Mike Holguin *
Ardy Saeidi

NEXT Meeting
Wednesday AT
7:00PM

April, 20 2011

Grace First Presbyterian Church

**3955 Studebaker Road Long Beach, CA
90808 Located at the intersection of Stude-
baker Road & Los Coyotes, diagonal just
south of Carson Street**

Ladies and gentlemen, from you treasurer,
you may pick up your checks each month at
the meeting or send a self addressed
stamped envelope to;
LBSRA
10207 Golden Yarrow Lane
Rancho Cucamonga, Ca. 91701

As a board we have decided these are the
easiest means of getting the check to you
after each event refereed, and not waiting to
long for you to receive your monies.

Larry Taylor

LBSRA Referees

*State/National Cup games for older division now is playing , those who are seeking to up-
grade, it is the time to step up and request.
Please let us now when you are ready. Call Larry or email me to assign you a game .*

*LBSRA is getting ready to start spring and summer tournament starting May. We are intend-
ing to mentor, evaluate as many as of you, preparing you for upgrade. There are many games
which requires experience and well prepared referee to do the task .
Gamesmanship, enforce and apply Laws properly, along with personality to manage players,
touch line and your referee assistant should be your objective, then we are here to train and
prepare you .*

*If you have any concern or question please email me at ardy.saeidi@gmail.com , or call me at
(909)952-2289*

Ardy Saeidi

Personal information request

We are coming up to an important time of the year again, in this I mean Dues and tournaments almost every weekend starting in May. It is important to contact your assignor with your availability at the first part of May. Plan ahead and don't wait till the last week in April.

Due to our fast moving world today we must stay connected.

First of all I would like to thank everyone who submitted a form for their personal information last year. Now comes a time that the form will be filled out again. In this newsletter and the next I will remind everyone to have a form filled out with your personal information. (This is only for my records and the LBSRA roster) for 2011-12.

The form will be on our website at lbsra.com on the front page on the right side about 2/3 the way down. This form can be **saved as** on to your desktop and attached into an email. You will not get paid for your services on the field if this form is not filled out. The Form will be available at the tournament sites if you have not already filled one out and have sent it to me via email. Any questions please email me at rgsch@live.com

Yours to serve, Roy Schwarzer

Reporting from Referee Field Site Coordinator position.

For the most part majority of Cal South ref's are do very well.

Our mentor ref's are performing very well and we are finding a few "diamonds in the rough" on other fields. Toros and his team have done a very good job.....KUDOS TO TOROS AND HIS STAFF AND HIS REF'S!

I along with other coordinators that observe potential ref's for the mentor program doing matches have contacted Toros and he then observes them to see if they are a good fit. I am happy to report that we along with Toros have observed a number of them. When approached by Toros regarding their ability, they were more than happy with both ours and Toros' recommendation and excited that they may be considered to join the mentor group.

So, all of you just remember. There is always someone out there observing your matches. Always be at your best in all that you do on the soccer field whether it is your first match or your last. **THE PLAYERS DESERVE YOUR BEST.**

We are now working with the "olders" for both State and National Cup. Make sure when you accept an assignment that you are capable to do that level. At this level now, the speed and quality of the game is faster and the quality of play is much higher.

Talk with your assignor and tell them you feel that you are ready for this challenge. And believe me when I say, **YOU WILL BE CHALLENGED.**

Have fun out there!

Adult leagues in Ontario both men and women (7v7) and Corona adult coed) are going great guns and the quality of officiating is very high. If you ARE interested in doing some of these matches, advise me and I will place you on the rotation. But remember, I have limited spaces. And **YOU MUST** contact me first.

Well, this is all I have to report for now.

Just remember this at all times. You represent yourself first, your crew, and Long Bch association when ever you are on the soccer field. And even when you are done for the day.

Always be professional and polite.

See you all on the pitch.

Mike Holguin

cal south youth approved youth tournaments for lbsra to service.

coast soccer league spring league. kent kirkland will let lbsra know of any fields we may be asked to assign.

various indoor arena/outdoor adult leagues will start up during fall/winter/spring season going into the summer months.

march 5 to 6th orange tournament (ages 9 to 19boys/girls)

almost every week-end of april mid-may-2011 is cal south state cup(ages 15 to 19 boys /girls).

may 21 to 22 cerritos spring challenge cup

may 28 to 30th cerritos memorial week-end cup

june 11 to 12th summer classic in the santa margarita area

june 11 to 12th copa laguna cup in the south orange county areas

june 18th to 19th o.c. revolution(girls only) in the city of whittier area

june 25th to 26th o.c. revolution(boys only) in the city of whittier area

july 16 to 17th psa canyon summer tournament

july 23rd to 24th long beach pyramid cup

july 30th to 31st cerritos united summer tournamrnt

august 6th to 7th possible freedom soccer club tournament

august 20th to 21st assisting jusa recreation freindship tournament(north orange county area)

august 20th to 21st orange toyota soccer tournament

august 27th to 28th jusa/chelsea olders youth tournament from ages 15 to 19 boys/girls

sept. 3 to 4th jusa/chelsea youngers youth tournament from ages 9 to 14 boys/girls

sept 10th till early dec.-2011 is coast soccer league games, various adult leagues on week-nites and sundays in general indoor arena soccer in city of placentia---north orange county---saddleback/mission viejo---and santa ana ymca. city of corona coed--11 vs. 11/city of ontario: 7 vs. 7 ladies or mens

nov. 25th to 26th surf cup/city of escondido or san diego areas. hotels will be provided

dec. 10th to 11th canyon psa canyon youth tournament from ages 9 to 14 boys/girls

dec. 10th to 11th fc blade soccer club , city of irvine areas/girls only from ages 9 to 14

dec. 17th to 18th fc blade soccer club, city of irvine areas/boys only from ages 9 to 14

lbsra is very honored of the above. a lot of time and hours have been invested to secure the above for active lbsra members. do your part to perform well when doing any assigned soccer match of any age group . your involvement is what lbsra is all about, especially in the referee mentoring side.
regards from larry yee

OCWSL RULE CHANGES

Hello everybody, as many of you are aware OCWSL spring season has begun. Things have been going very well. Something that we all need to be aware of is that they have change there BY LAWS. Below you will find the Revisions please note that the old rule is listed first and the change follows. In summary the rules state:

Substitutions - it is on any dead ball (corner kicks, goal kicks, kick off, throw in's, free kicks, etc), unlimited number of subs.

Any questions please feel free to contact me. Please remember when refereeing the game we are out to facilitate the game.

Revision #11: Article VI: Game Rules

- >
- >Previous Bylaw:
- >A. GAME RULES
- >
- >Games shall be played under FIFA laws except as noted in the OCWSL
- >Bylaws and Standing Rules.
- >
- >B. GAME DURATION
- There will be two (2) forty-five (45) minute halves unless a shorter
- >time is mutually agreed to by representatives of both teams. There
- >will be a half-time break, the length to be determined by the referee.
- >
- >C. SUBSTITUTIONS (OLD RULE)
- >
- >Teams may substitute only with referees' permission and only at the
- >following times:
- >
- >1. If the team in possession of the ball, prior to a throw-in, elects
- >to (reciprocal).
- >2. Reciprocal substitution is allowed (i.e. if team in possession of
- >the ball is substituting, opposing team may substitute players at this
- >time. If team in possession of the ball does not substitute any
- >players, opposing team may not substitute players.
- >3. Prior to a goal kick by either team.
- >4. After a goal by either team.
- >5. An injured player may be substituted if the referee stops play. If
- >a coach must enter the field of play to check or assist the injured
- >player, that player must be replaced and must leave the field of play
- >until the next opportunity to substitute. (Exception: If an injured
- >player is the goalkeeper or the eleventh (11th) player and the team
- >would have to play short, the injured player does not have to leave
- >the field of play.) The substitute for an injured player may enter the
- >field of play at any time after obtaining the permission from the
- >referee.
- >6. During half time.
- >7. A cautioned player (yellow card) shall be substituted at the time
- >of the caution. Not reciprocal. . (Exception: If the cautioned player
- >is the goalkeeper or the eleventh (11th) player and the team would
- >have to play short, the cautioned player does not have to leave the
- >field of play.)



The Steering Instruction Committee met on January 18 at the Cal South office and came up with the following **In-Service Training** lectures:

MONTH	LECTURE
February	Protecting the player with the ball during play
March	Protecting the player with the ball while the ball is not in play
April	Area of Contact – Mode of Contact
May	Teamwork
June	Dark month
July	Players' Equipment
August	Nutrition and Fitness – Injury prevention
September	Professional Conduct and Ethics
October	Recertification Test Review
November	Recertification Testing begins and/or lecture
December	Recertification Testing continues and/or lecture

I need to know from you what month of the year you do not want instruction to take care of your Association's matters. The topics are subject to change once we know what's coming in the Regional Training Seminars.

Referees can attend any Referee Association to get credit for the year, however the credit is per topic in other words a referee cannot get credit for attending two Association's meeting where the same subject was taught.

Areas of concern are game management, parents and crowd control, referee safety and these issues will be addressed during the year.

In-Service Hours required for recertification:

Grade 8 and Emeritus Referees will need a minimum of **5-hours**

Grades 7, 6 and 5 Referees will need a minimum of **8-hours**

Recertification/Upgrade Clinics – Two or three clinics will be scheduled in May and June for recertification for 2011 and to Upgrade. The months of October, November and December will be spent to recertify for 2012 and a few upgrading clinics will be held around Southern California in other words there will be clinics in San Diego, Los Angeles County, Bakersfield, Ventura and Santa Maria.

Soccer Nation – Cal South's Soccer Nation will be held this year at Long Beach Convention Center on February 12 and 13. The State Referee Committee will have a room where lectures will be presented during the day. We have the room from 8am till 5pm. Currently these are some of the topics that will be presented: Indoor, Beach Soccer, Futsal, nutrition and fitness. Herb Silva, US Soccer Director of Professional Referees will be making a presentation as well as our MLS and FIFA referees. Please come to learn and share a moment with our special guests. Referees attending the seminar will also get one-hour credit towards their In-Service training requirements.

CALENDAR - Please provide me the dates of your monthly meetings, your meeting address, the time you meet and the room capacity. All these dates will be posted on Cal South's web page so that referees know when these clinics are available and can attend them. Please also don't forget to let me know what month of the year you want to use to handle your Association's business.

As usual any comments or questions can be emailed to me at aangeles@calsouth.com or call me at my cell 626 354-7239

Sent on behalf of Arturo A. Angeles, SDI

Should a referee allow breaks for hydration?

This is a good reminder for all referees and coaches for the upcoming season!

Some referees using common sense decide to stop the game when it is too hot and allow the players to hydrate as a way to prevent heat related problems. Other referees, on the other hand, do not allow this during regular time. They don't want to stop the game, arguing that FIFA prohibits this practice. Who is right? Let's see...

Analysis of the situation.

"The loss of 5% of a player's body fluid during a match is enough to substantially undermine performance. More so, in that further loss can cause an acute phase of dehydration." This was the conclusion reached by members of the FIFA medical commission and is the reason it was suggested to the Referee's Committee of soccer's governing body, that "they were required to stop the game for one or two minutes for hydration in the event of high temperatures" in order to prevent any player suffering heat related injury.

Prevention concern

The FIFA Referees Committee accepted the proposal made by its counterpart, however, not as it was originally proposed. They stated that "the referee should be allowed, if the game is played in high heat, to temporarily stop for a minute for all players to hydrate," as a way to protect the physical health of players.

The referee's discretion prevails.

The Referees Committee does not provide within forty five (45) minutes in regular time, a special period during which the referee should stop the game for players to drink fluids. Everything was left to the discretion of the referee who, depending on the temperature, could decide to stop play.

Concept approved.

When asked about this topic, Dr. Carlos Alarcon, President of the Referees Committee of the South American Soccer Confederation said, "A referee stopping the game for players to hydrate under FIFA authority is not illegal and not based on a referee's whim but an action that has already been analyzed with the procedure provided for." Therefore, this official statement settles discussion on this issue.

Send this reminder to all your fellow referees, club, organization or association.